

Coaching Objectives 2007/2008 Season –U16/18 Boys

- ✚ Players to have consistent success controlling a ball delivered to any surface, and from any distance. Under game like pressure
- ✚ Consistent quality in passing from 10 to 30 yards.
- ✚ Solidify techniques for using the Inside and outside of the foot for passing and shooting.
- ✚ Players should be able to shoot and pass using the instep (Driving the ball)
- ✚ Effectively defend both individually and as a team.
- ✚ Understand the principles of ball-oriented defence.
- ✚ Understand the basic principles of attacking play (Width and depth).
- ✚ Effectively prepare young players for soccer at the next level
- ✚ Expose and/or reinforce to the players the expected standards of high-level soccer.
- ✚ Have some fun!!!